



RELAY SEASON – 2017

Hi all,

As with previous years, Croydon will be entering teams of athletes in the 2017 Relay championships. Whilst Athletics focuses on the individual achievements, competing in a relay team is just as much about the “team” as it is about the individual and is a fun competition to be involved in. These competitions are open to all **U9 – U15** athletes.

Dates of upcoming Relay events that Croydon will be entering teams into are listed below:

Box Hill Invitational Relay Championships

- Sunday 12th November, 2017 @ Hagenauers Reserve, Barwon St, Box Hill Nth (Melways Map 47 C7)

Eastern Metropolitan Regional Relay Championships

- Saturday 25th November, 2017 @ Nunawading Athletics, East Burwood Reserve, Burwood East (Sunday 26th backup date)

State Relay Championships

- Saturday 16th December, 2017 @ Lakeside Stadium, Albert Park

Relay competitions consist of the following events:

- 4 x 100M,
- 4 x 200M &
- Medley (2x100M, 1x200M, 1x400M)

We will be collecting names of interested U9 – U15 athletes, including Parent/Guardian’s contact details on the Croydon Aths information day and in the first weeks of competition. If your athlete(s) is interested in being involved in the relay competitions, please provide the following details on either the Information day or via the centre email address (croydon@lavic.com.au):

- Your child’s name
- Your child’s age group
- Your name
- Your contact details (email and mobile phone number)

We are always looking for new parents to assist with coaching the relay teams. Getting involved with relays and coaching a team is by no means a difficult task but is fun and can be very rewarding. You will have the full support of the Committee and coaching team to ensure you know what to do prior to the competition days and during the events. Please let us know if you are available and interested (including preferred age group) via the centre email address: croydon@lavic.com.au

OTHER DETAILS: As your athlete will be representing Croydon, the centre pays for all team entries. There is a duty requirement for Regional and State Competitions however this is normally minimal (1 – 1.5hrs for regional and less for State)

Regards

Croydon Little Aths Committee